Tibon's Goju Gazette

www.tibonkarate.com

December 2006

Tibon's Goju Ryu Annual IN-HOUSE Karate Tournament Was Great Success!



Sensei Uchiage and Sensei Ajari of Wado Kai USA were in attendance and were highly impressed with our students, brown belts, and our Instructor Staff. They said they've never seen a more organized leadership group. Parents comment were very positive and enjoyed many of their students who participated for the first time in competition.

INSIDE THIS ISSUE

- 2006 Tibon's Goju Ryu Annual IN-HOUSE Karate Tournament Results
- Tuition Increase for 2007
- Team Sweats
- New Website addition see new videos at www.tibonkarate.com
- Tournament Schedule
- Disney Martial Arts Festival On line registration for savings on your events.



Merry Christmas!

Mrs. Tibon and Sensei Tibon, along with all of the Black Belt instructors, and our Leadership Team would like to wish everybody a Merry Christmas and a Happy Holiday's. We would also at this time thank you for your support in being a part of our Karate organization.

Attention Parents and Students! Monthly Tuition's to increase Jan 2007 See New Brochures

Please note that due to the rising costs of owning and operating a business, I find it necessary to raise the tuition at the Dojo's. Effective January 2007, the increase will amount to an additional \$5.00 per month more per students, which amounts to only 62 cents a class, less than a can of soda. I certainly hope this doesn't present a hardship to anyone, and please realize we always try very hard to give you more than your value in instruction than you pay for.

With the new rates in effect, we can still offer quality instruction at \$20 - \$50 a month LESS than my competitors. The average cost of monthly national wide is \$120.00 per month. In addition, most of my competitors do not possess the ability to teach at our level of quality. You all know that I strive for excellence, and I hope you understand my reasoning for raising the tuition. If you are interested in prepaying your tuition, a discount will be offered. This may be discussed with Yvonne. Thank you for your business, support, and cooperation. NOTE: GymStars Stockton, GymStars Modesto tuition will go into effect January 1, 2007. Tibon's Goju Ryu, Hiers Goju Ryu, Meeks Goju Ryu will go into effect January 1, 2007.

Upcoming Karate Tournaments, Technical Seminars, & Events

- Disneyland Martial Arts Festival February 3 & 4th, 2007 Disneyland Hotel Convention Center. Competition on the 3rd Saturday, and seminars on the 4th. Please register before January 15, 2007 for discount on line or mailed in post marked.
- JKR Traditional Karate Tournament Sensei Gary Tsutsui Golden Col. & Trip to the US Olympic Training Center Colorado Springs, Col. Feb. 10 &11, 2007.
- ➤ Florida Citrus Cup Sensei Gilbert Venero Sunday February 11th, 2007 – 1000 Creek Blvd. Coconut Creek, Florida 33066 senseigv@yahoo.com
- USANKF of Northern California RSO National Qualifier April 21st, 2007 San Joaquin Delta College Saturday.
- 1st Northern California Disney world Martial Arts Classical Okinawan Japanese Karate Qualifier for Disney World Martial Arts Finals in Orlando, Florida April 22nd, 2007 San Joaquin Delta College Sunday.
- USA National Karate Do Federation USA National Championships and USA Team Trials Charlotte, West Virginia July 13-15, 2007.
- Disney World Martial Arts Festival October 26-28th, 2007 Orlando, Florida. You have to be qualified Top 10 in one of the National Qualifiers for Classical Okinawan Japanese Karate & Kobudo
- Spring of 2008 Tokyo, Japan Hokkido, Sendai, Kyoto, Hiroshima, Nara, Tenri & sightseeing also. We hope you could join us



Sensei Oshiro Weapons Class

Sensei Oshiro has been teaching seminars around Europe and has finally returned to the USA. He will resume his monthly seminars at Tibon's Goju Ryu Dojo at 923 N. Yosemite St. in Stockton.

The Dates for the 2006 Kobudo Weapons Seminars Are:

Dec 10

Dec 1

Tibon's Goju Ryu Announce Launch of New Website See New Video's on our Web!

www.tibonkarate.com

If You Want to Order Equipment or New Karate Uniform for Christmas gifts it's not to Late!

Parents and students you can order new Karate uniforms, equipment, Karate member T-shirts, and Karate bags. Just check the (attached) order sheet in this newsletter and give the order sheets to your Sensei to be filled at the main dojo in Stockton. You can also fax directly to Tibon's Goju Ryu in Stockton at Fax (209) 465-1517 or for information call Yvonne Tibon at (209) 465-0943

http://www.tibonkarate.com/dsld/index.html

DISNEP'S WIDE WORLD OF SPORTS.





Classical Japanese and Okinawan Karate Qualifier Presented by Gene Tibon as part of

Disneyland® Martial Arts Festival

Disneyland® Hotel
located at Disneyland® Resort, Anaheim, CA

Classical Japanese and Okinawan Karate Finals
Presented by Gene Tibon
as part of

February 3-4, 2007

2007 Disney's Martial Arts Festival
Disney's Wide World of Sports® Complex,
located at Walt Disney World® Resort, near Orlando, Florida
October 26-28, 2007

http://www.tournament.info/classical/index.html

Welcome New Students - Tibon's Goju Ryu Karate Organization

Tibon's Goju Ryu - Austin Dongson Roy Moore II Truly Mae Espinosa Donocio Simmons C.J. Hearon Jazmin Duarte James Earl Jones Jose Chacon Nicholas Rivera Ryan Villanueva

Hiers Goju Ryu – Gavin Scroggins Darian Chand Anton Gisler Robert "Bobby" Quenzel Karissa Williams Max Pao Graves Jonathan W. Graves – Yu Jake Ger Graves Alexander Michael Graves – Tu Zachary Yang Graves Benjamin Meng Graves

Stockton GymStars – Calixta Lanticse Tony Steti Thomas Casillas III Roman Casillas Travis Schlater Ryan Phan Kevin Phan

Modesto GymStars Marquise Bettancourt Michael Johnson Alex Montoya Anthony Thompson Arshawn Faraji Daniel Madsen Antonio Morales Kaitlain Gilmore Maya Armendariz

Attention New Team Sweats! Have Been Ordered!



The new team sweats have been ordered to receive by Christmas.

We would like to extend a special Thank you to Kristine Embry for all of her hard work in organizing the order.

How In Annual Tibon's Goju Ryu In House At Cesar Chavez High School





DOJO REMINDERS

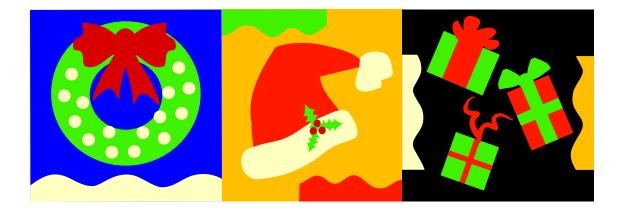
Please make sure you pick up your child on time.

- All tuition payments are due by the 10th of each month NO EXCEPTIONS. A late charge of \$10.00 will apply; a return check charge of \$15.00 will apply.
- Sensei Oshiro continues to give Kobudo instruction here at the Dojo. Students should take advantage of being taught by one of the foremost weapons instructors in the world. Only \$25 per class plus you must provide your own weapons.
- Per the Goju Ryu Uchiage Kai rules, there will no longer be any rank skipping, unless you pay for each level of the test. This may seem rather harsh, but traditional training makes the student wait at least six month between each level to properly be prepared for the test. This is based on two days per week program.
- There will be a <u>one-year wait</u> on the last leg of the green belt.
 In addition, the Brown Belt Kyu tests are one year apart, and 100 assisted classes minimum are due before each promotion.
 A requirement of 300 assisted classes by the brown belt must be logged before allowing testing for Black Belt candidate.
- Private lessons MUST be prepaid, or they will be canceled.
 We are sorry to announce this, but lately we have had an
 abundance of no-shows, or last minute cancellations. There
 are no refunds on these types of issues.
- We still have had complaints about people parking in the street waiting to pick up their children. Please pull into a parking place, circle the block, or park in the rear of the school so this does not create an unsafe condition while picking up your child. Thank you!
- Current students are encouraged to bring in a friend in to try
 out a class. If the guest decides to continue and join the
 program, the student who referred will be awarded a \$10 gift
 certificate for the referral.
- Please see Yvonne about any make-up classes you need to schedule. She is always happy to help you! Please Note: Four classes equal one half month which is \$55. Any classes over four is equal to a full month or \$65.
- All Dojo Information see www.tibonkarate.com

Tibon's Goju Ryu Fighting Karate Tournament Results 2006 Goju Ryu Uchiage Kai Invitational Karate Championships Cesar Chavez High School Stockton November 5, 2006

Alex Jensen – 1st Place 5&6 Blue-Purple Belt Kumite & 2nd Place K-5 4,5,6 Blue-Purple Belt Kata; **Andrew Johnson** - 2nd Place All Ranks Weapons 13 yrs & up (Bo) & 3rd Place All Ranks Weapons 13 yrs & up (Sai); Andrew Moore – 1st Place rown & Black Belt Mandatory Kata; **Angel Jacquez**- 2nd Place 10,11,12 White Belt Kata; **Angela Davis** – 3rd Place 10,11,12 Green Belt Kata; Anna Marie Olpin – 1st Place 7,8,9 Green Belt Kata; Anthony Chavez – 2nd Place 4,5,6 Mighty Mites Paddle Kumite; **Anthony Marquez** – 2nd Place 7,8,9 Green Belt Kumite; Blanca Anselmo – 1st Place 7,8,9 First 8 Movements; Brandon Manabe – 3rd Place 13-14 Green Belt Kumite; Breana Elias – 1st Place 7,8,9 Yellow-Orange Belt Kata; Caesar Ladion – 1st Place 7,8,9 White-Yellow-Orange Belt Kumite & 3rd Place 7,8,9 Yellow-Orange Belt Kata; Cailey Flanagan – 2nd Place 4,5,6 Yellow-Orange Belt Kata & 3rd Place 4,5,6 Mighty Mites Paddle Kumite; Cedric Saldavia – 1st Place 7,8,9 White Belt Kata; Chase Handel – 1st Place 4,5,6 Mighty Mites Paddle Kumite, 2nd Place 5&6 Blue-Purple Belt Kumite & 3rd Place 4,5,6 Blue-Purple Belt Kata; **Christian Ortega** – 1st Place 13 & up Blue-Puple Belt Kata & 1s Place 13-14 Blue-Purple Belt Kumite; **Connor Dougherty** – 1st Place 10-12 Blue-Purle Belt Kumite; Connor Skostad – 1st Place 7,8,9 Mighty Mites Paddle Kumite; Cori Bickham – 1st Place All Medium Girls Kumite; Crystal Lee – 2nd Place All Tall Girls Kumite; Damon Dominguez – 2nd Place 7,8,9 White-Yellow-Orange Belt Kumite; **Devon Collins** – 3rd Place Brown Belt 12 & under Kumite; **Diana Toy** – 1st Place 13 & up Green Belt Kata; **Dylan Dola** 3rd Place 13 & up Blue-Puple Belt Kata; **Dylan Vancil** – 3rd Place 5&6 Blue-Purple Belt Kumite; **Elijah Ureta-**Villalos – 2nd Place 7,8,9 Yellow-Orange Belt Kata; Emily Lubick – 2nd Place 7,8,9 White Belt Kata; **Emmett Kennedy** – 3rd Place 10-12 White Belt Kumite; **Eric Bonjoc** – 2nd Place Brown Belt Kumite 13 & up; Eric Pongos – 3rd Place 4,5,6 First 8 Movements; Gabriel Gonzales – 2nd Place 5&6 White-Yellow-Orange Belt Kumite; **Gabriel Grijalva** – 1st Place 10,11,12 Mighty Mites Paddle Kumite; **James Hoblitzell** – 1st Place 7,8,9 Green Belt Kumite & 3rd Place 7,8,9 Green Belt Kata; **Jared Odom** – 3rd Place 7,8,9 White Belt Kata; **Jasmine Marquez** – 2nd Place All Small Girls Kumite; **Jasmine Wong** – 3rd Place 7,8,9 First 8 Movements; **Jayson Canero** – 3rd Place 7,8,9 White-Yellow-Orange Belt Kumite; **Jesse Toy** – 1st Place 13-14 Green Belt Kumite & 2nd Place 10,11,12 Green Belt Kata; **Jessica Aguilar** – 1st Place 10,11,12 White Belt Kata & 2nd Place 10,11,12 Mighty Mites Paddle Kumite; **Jioremey Umipig** – 3rd Place 4,5,6 Yellow-Orange Belt Kata; **Joane Orbon** – 1st Place All Tall Girls Kumite & 1st Place All Ranks Weapons 12 & under; **Jordan Saunders** – 1st Place 7,8,9 Mighty Mites Paddle Kumite & 2nd Place 7,8,9 First 8 Movements; **Joshua Rivera** – 3rd Place 5&6 White-Yellow-Orange Belt Kumite; **Jovy Orbon** – 1st Place 10,11,12 Green Belt Kata, 2nd Place 13-14 Green Belt Kumite & 2nd Place All Ranks Weapons 12 & under; **Julia Lewis** - 1st Place 7,8,9 Mighty Mites Paddle Kumite; **Julian Sepulveda** – 1st Place 4,5,6 First 8 Movements & 1st Place 4,5,6 Mighty Mites Paddle Kumite; **Justin Gomes** – 2nd Place 7,8,9 Mighty Mites Paddle Kumite; **Justin Corror** – 1st Place Blind Fold Kata 12 yrs & under; **Kendrick Ladao** – 2nd Place Brown Belt 12 & under Kumite; **Krystal Ortega** - 3rd Place All Small Girls Kumite;

Kyla Vann – 2nd Place 4.5.6 First 8 Movements & 3rd Place 4.5.6 Mighty Mites Paddle Kumite; **Kyle Fleming** – 3rd Place 7,8,9 Green Belt Kumite; **Mario Evangelista** – 1st Place All Ranks Weapons 13 yrs & up; Mark Canevari – 1st Place Brown Belt 12 & under Kumite, 2nd Place Blind Fold Kata 12 yrs & under & 3rd Place All Ranks Weapons 12 & under; Matthew Martini – 2^{nd} Place 10,11,12 Yellow-Orange Belt Kata & 2^{nd} Place 10-12 White Belt Kumite; **Max Blevins** -2^{nd} Place 4,5,6 White Belt Kata; **Melissa Celli** -2^{nd} Place 4,5,6 Mighty Mites Paddle Kumite; Michael Chavez – 3rd Place 10,11,12 First 8 Movements; Michael Martini – 2nd Place 13 & up Yellow-Orange Belt Kata & 2nd Place 13-14 Blue-Purple Belt Kumite; **Michael Platt** – 1st Place Brown Belt Kumite 13 & up; **Michael Roush** - 3rd Place 10,11,12 White Belt Kata & 3rd Place 10,11,12 Mighty Mites Paddle Kumite; **Michaella Mariani** – 1st Place 4,5,6 Blue-Purple Belt Kata; Miranda Alberton – 3rd Place All Medium Girls Kumite; Miriam Moore – 3rd Place All Tall Girls Kumite; Morgan Canevari – 1st Place All Small Girls Kumite; Naji Franklin – 3rd Place 7,8,9 Mighty Mites Paddle Kumite; **Nathan Bond** – 1st Place 7,8,9 Blue-Purple Belt Kata & 3rd Place 7,8,9 Blue-Purple Belt Kumite; **Nathan Schaapman** - 2nd Place 13 & up Blue-Puple Belt Kata; Nathanial Whitesel-Slate – 1st Place 10,11,12 Blue-Puple Belt Kata & 3rd Place 13-14 Blue-Purple Belt Kumite; **Nicholas Zurof** – 1st Place 4,5,6 Yellow-Orange Belt Kata; **Nicole Stratton** – 3rd Place Blind Fold Kata 12 yrs & under; **Parker Hansen** – 2nd Place 7,8,9 Blue-Purple Belt Kumite; **Paul Moore** – 2nd Place 13-14 Green Belt Kumite, 3rd Place Blind Fold Kata 13 yrs & up & 3rd Place 13 & up Green Belt Kata; **Rene Avila** – 3rd Place 10,11,12 Yellow-Orange Belt Kata; **Rene Verduzco** – 1st Place 13-14 Green Belt Kumite; **Richelle Menor** – 2nd Place 13 & up Green Belt Kata; **Rick Rivera** – 2nd Place 7,8,9 Blue-Purple Belt Kata; **Robert Campos** – 1st Place 7,8,9 Blue-Purple Belt Kumite; **Robert Gibson** – 1st Place 10,11,12 Yellow-Orange Belt Kata; **Roger Gibson** – 1st Place 10-12 White Belt Kumite; **Rupert Espinosa** – 2nd Place Brown & Black Belt Mandatory Kata; **Ryan Stratton** – 2nd Place Blind Fold Kata 13 yrs & up & Brown Belt Kumite 13 & up; Sarah Fernandez – 1st Place Blind Fold Kata 13 yrs & up, 1st Place 13 & up Yellow-Orange Belt Kata & 2nd Place All Medium Girls Kumite; **Spencer Takechi** – 2nd Place 7,8,9 Green Belt Kata; **Stella Smith** – 1st Place 10,11,12 First 8 Movements; **Tammv Moore** – 3rd Place Brown & Black Belt Mandatory Kata; **Valeria Rodriguez** – 1st Place 4,5,6 White Belt Kata; Victoria Anselmo – 2nd Place10,11,12 First 8 Movements; Yasmin **Zambrano** – 2nd Place 7,8,9 Mighty Mites Paddle Kumite; **Zach Fleming** – 1st Place 5&6 White-Yellow-Orange Belt Kumite.



Action Floors



Carpet-Vinyl-Tile-Hardwood

Great work give them a call!

(209) 462-2265 Barry Mitchell, Owner

3450 E. Cherokee Rd., Suite 3 Stockton, Ca. 95205

Cont. Lic. #294991 Cell 649-9639

Bear Construction

Free Estimates

Great Work!

949 Willora Road Kurt Sinibaldi

Stockton, Ca. 95207 (209) 951-4818

Lic. #773378

Home Safety Tips for Holidays

T'is the season for decorating the Christmas tree, stringing holiday lights on the house, or shopping for just the right gift. Many of us are in such a hurry to beat the holiday rush, that everyday safety is not practiced. This tailboard reviews some practical tips to remember for a safe Holiday season.

When you pick out that perfect Christmas Tree, remember:

If the needles are already falling off, the tree is too dry and should not be purchased. Once a tree is selected, leave it outside in a bucket of water until it is time to decorate it. Trim at least a one-inch piece from the bottom of the tree after purchase. This increases the tree's ability to absorb water. Be sure the tree is securely fastened in a sturdy stand or holder. During the period of time that your tree is indoors, water it regularly. Do not locate the tree in an area where it



will be subjected to intense heat, such as near a wood stove or heater. Be careful not to block exit paths and doorways with the tree.

Christmas Tree Lights

Examine your Christmas tree lights before you hang them. Check to see that each strand has a factory label, which means it has been safety tested. Check the light bulbs, sockets, wires and plugs to make sure nothing is cracked, broken or exposed. Replace any missing bulbs, being careful to never bypass a fuse. After replacing any missing or broken parts, check each set by setting it on a nonflammable surface and plugging it in for 10-15 minutes to see that the lights don't melt or smoke.

Don't connect more than three sets of lights to an extension cord. If you string lights together using built-in connectors, don't join more than 200 midgets lights or 50 larger lamps through one string or cord.



If you decorate your house with candles

Take care when using candles. Keep them away from flammable decorations. Place them where they cannot be knocked over or reached by children. Do not leave lit candles in an unattended room. Make sure your smoke detectors are working properly.

Ladder Safety

When using a ladder to hang the holiday lights from the roof eves, always have someone there to help you. Falls from ladders can be extremely serious. If you are not experienced using a ladder, have someone hold the ladder for you. Always maintain 3 points of contact while climbing up or down from a ladder.

Criminals Love the Holidays Too.

Homes jam-packed with glittering gifts, stores, malls and downtown streets teeming with unsuspecting shoppers, people rushing around, stressed out and careless. It's enough to make a crook giddy with holiday joy! Don't make it easy for them.

If You're Shopping:

- Stay alert and be aware of what's going on around you.
- Park in a well-lighted space.

- Be sure to lock the car, close the windows and hide shopping bags and gifts in the trunk
- Avoid carrying large amounts of cash.
- Deter pickpockets and purse-snatchers by carrying a purse close to your body or place a wallet in your inside coat or front pants pocket.
- Keep a close watch on your kids in store. Teach children to go to a store clerk or security guard should you get separated.

If You're Out For The Evening:

- Leave a light on and the radio or TV so it looks like someone is home.
- Be sure to lock doors and windows when you leave.
- Don't display gifts where they can be seen from the outside.

If You're Traveling:

- Consider an automatic timer for your lights.
- Ask a neighbor to watch your home, and park in the driveway from time to time.
- Don't forget to have mail and newspaper delivery stopped. If it piles up, it's a sure sign that you're gone.

If A Stranger Comes To The Door, Beware

Criminals sometimes pose as couriers delivering gifts. It's not uncommon for people to try to take advantage of others' generosity during the holidays by going door-to-door for charitable donations when there's no charity involved. Ask for identification, and find out how the funds will be used. If you aren't satisfied, don't give. Help a charitable organization you know and like instead.

Holiday Parties and Alcohol

Who can resist holiday parties? Who doesn't love to spend time with friends to enjoy food and spirits while taking in all the holiday decorations? Unfortunately, traffic accidents and deaths increase dramatically because of alcohol consumption at holiday parties.

Encourage your guests to choose a designated driver before they come to your party. Make sure there are plenty of nonalcoholic beverages in plain view so that your guests have a choice. Designated drivers must be willing to stay sober and drive others home.

Remember Safety during the Holidays!!

Webmaster Danny Menzies Website Updates

Welcome to the third edition on the Website update newsletter. If you have any questions or concerns regarding the website please feel free to email me at webmaster@tibonkarate.com, see me in class or talk with Sensei Tibon.

LAND OF THE MICKY

Sensei Tibon has been super busy getting all the information for Disneyland. There have been major updates to the Disneyland page including divisions, registration forms, seminars, and general information. Be sure to check it out (From the main navigation click on Disneyland).

New Videos added

Two new videos have been added to the site. These videos are awesome. They show Sensei Adam Tibon and Ronnie Guzmen demonstrating self defense techniques while sitting down on metal chairs. This is a perfect example of what Goju is capable of. To view these videos, click on the videos link in the navigation



In the Works

Sensei Paul Munoz suggestion is in the works. See October's newsletter for details Have a great idea for the website let us know about it webmaster@tibonkarate.com and we may just do it.

WEBSITE SEARCHES

Every time you search for something on the website it gets logged. I check these logs monthly to see what has been searched for. For those results that do not come up, I adjust the website so next time they will. Keep using the search feature. The more you use it the better the website will be.



NEW Articles on Home Page

Be sure to check out the right hand side of the home page, especially when the newsletter comes out. You will find the most recent articles regarding the school and important items.



Bright Spots on the Website

Videos - WOW the videos have been a huge hit. As of 11/21/06 there are six videos to view. There have been 3808 views for these videos. If you have not seen them be sure to. To view these videos, click on the videos link in the navigation

STATISTICS (how many people looks at the website)

For October 2006 we had 38 hits a day and 1182 for the month

The #1 viewed web page for October was the home page followed by the Disneyland page.

Search Terms added to site for October

No search terms were added this month, I did notice a lot of misspellings that turned up with no results. For example "KATA "was spelled "KATTA" so no results were found.



LET YOUR VOICE BE HEARD

Please know that the website is all about you. We need feedback and suggestions. Anything you feel you would like to see on the site let me webmaster@tibonkarate.com or Sensei Tibon senseitibon@tibonkarate.com know.

Did You Know

- Find the gazette electronically, click on the news link.
- The In-house tournament information is now
- Getting ready for promotion, click on the promotion link on the right hand side.
- We feature new and returning students, on the home page look for the "new students" link.

De	cember					
Sun	Mon	Тие	Wed	Thu	Fri Mighty Mites 4:30-8:30 Weapons 7-8:30p	Sat 2 Mighty Mites 10-12 Tokubetsu 5-7
3	4 Weapons 7:30 – 9:00	5	6	7	8 Mighty Mites Weapons 4:30-5:30 7-8:30p	9 Mighty Mites 10-12n Tokubetsu 5-7
Oshiro 3-5 Weapons Leadership 1-3p	11 Weapon 7:30-9:00	12	13	14	15 Mighty Mites 4:30 – 5:30 Weapons 7-8:30	16 Mighty mite 10-12 Promotion test 5-7 Tokubetsu
17	18 Weapons 7:30-9:00	19	20	21	22 Dojo Closed	23 Dojo Closed
24 Dojo Closed	25 Dojo Closed	26	27	28	29 Mighty Mites 4:30-5:30p Weapons 7-8:30p	30 Dojo Closed
31						