

## Tournaments & Events in September

1. USA Grassroots Karate Program Workshop January 19<sup>th</sup> Sunday 2014 11-2:30pm Twin Arbors Athletic Club Featuring Tibon's Instructors For Preparation for the USA Nationals.
2. USANKF of Northern California Western States National Qualifier April 6, 2014 Location TBA.

### Welcome New Students Tibon's Goju Ryu Organization

George Garibay Jackson Brooks Eli Brooks  
Yolanda Rivera Cameron Mannon Van Heilman  
Elazar Bengochea Gavin Severson Audra Souza  
Aladin Masic Matthew Hickingbottom

**Welcome Back:** Brandon Wood

**HAPPY NEW YEAR**



Outstanding Tournament with Outstanding Students and parents. We were excited to have 13 other dojos from other system join us in our annual Winter IN HOUSE Karate Championships and all Enjoyed themselves.

## Tibon's Goju Ryu 29<sup>th</sup> Winter IN HOUSE Tournament Huge Success! Thank you Family & Students For Your Support!

The Winter IN HOUSE was a great success with over 250 competitors from Tibon's Goju Ryu Fighting Arts Organization dojos and 13 outside Karate schools from as far as Bakersfield and San Luis Obispo. We raised a full truck load of can foods to help out some needy families, and raised \$2,400 for Sensei Bruce Finister for Medical and special needs support for him and his family after major life changing pancreatic cancer surgery. We would like to thank all of our families and friends who help support and raised money for both Sensei Demytryk Del Rio and Sensei Bruce Finister, who both are going through life changing challenges.

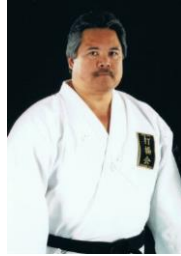
I want to also thank all of my Tibon's Goju Ryu families who stepped up to set up the Blanchard Gym for the Winter IN HOUSE Tournament while the advance seminar and black belt testing was going on at the main dojo.



## 2013 Years Recap

**January** Eight members of Tibon's Goju Ryu organization travel to the 40th STEVESTON ANNUAL INVITATIONAL KARATE Tournament. Athletes in Canada to receive their Black Belts in a special presentation during the tournament. We start new Saturday color belt class on Saturdays taught by Sensei Demytryk and Sensei Rupert. **February** Tibon's Demo Team preform marching team downtown then martial arts demonstration on stage at the Stockton Civic Auditorium for the Chinese New Year's Festival, and travel to West Coast Shotokan Karate Tournament and win most divisions they competed in. **March** Tibon's Tokubetsu team travels to Portland, Oregon for the Northwest Classic Karate Championships Cristian Embry, Aleesa Ohata, and Justin Gilmour all win \$500 scholarships to use for Nationals, US Open, and Jr. Olympics. WKF Referee Sensei Chuck Sweigart comes to Tibon's main dojo for Referee, judges, and athlete training with the new WKF rules. Black Belt Banquet at Casa Flores for black belt certification ceremony. **April** we bring in Sensei Hideharu Igaki former head Coach of Team USA host Kumite seminar for athletes at Tibon's Goju Ryu main dojo. Our leadership and dojo families volunteer to work at the USANKF of Northern California Western States National Qualifier for USA Karate Nationals and USA Team Trials at San Joaquin Delta College. Boosters Club and Tibon's dojo have Annual Easter Egg Hunt and picnic at Swenson's Park for great day of egg hunting and fun. **May** Voted 3<sup>rd</sup> year in a row "Best of San Joaquin" for Martial Arts Schools. Sensei Toshihiro Oshiro teaches advance Yamani Ryu Kobudo Seminar at Tibon's main dojo all of our weapons students. **June** Tibon's Goju Ryu Annual Summer IN HOUSE is great success with the march of the American Flag opening with US Army Reserve Color Guard, **July 9** athletes from Tibon's Goju Ryu dojo travel to Greenville, South Carolina and win two spots Joane Orbon and Cristian Embry on Team USA to the XXIV Pan-American Karate Championships and two students Jacob Ruiz and Kaitlyn Gilmour win alternate places on the national USA Team pool finishing 3<sup>rd</sup> place, 3 gold medal national champions by Joane Orbon, Danesha Thompson, and Claudia Lee. We start new Tokubetsu 2 replacing A Team Training being taught Joane Orbon, Cristian Embry, and Brian Embry, **August** baby shower at Tibon's main dojo for Sensei Justin Love and Christina Love for baby Justin Love Jr., Sensei Joane Orbon wins Gold medal and Cristian Embry wins Bronze medal at the XXIV Pan-American Karate Championships in Medellin, Colombia, Sensei Demytryk receives a life changing injury to his brain and is hospitalized for a month, Tibon's Goju Ryu families and dojo friends have medical support fundraiser for Sensei D raising several thousand dollars to help out with support and special needs. **September 3<sup>rd</sup>** Degree black belt Sensei Andrew Moore leaves to Denver, Colorado for college in search for another academic degree, Tokubetsu students travel to Fresno to Quan's tournament then drive to Los Angeles for Sensei David Crockett's Karate Tournament at Soka University winning many medal and experience for that weekend, Sensei Bruce Finister is diagnosed with pancreatic cancer. **October** Tibon's Goju Ryu Leadership work to support Ajari Cup tournament in Oakland to support Sensei Yoshiaki Ajari Karate pioneer from Japan, which was also a successful day of experience for our Tokubetsu students. Three students Aleesa Ohata, Justin Gilmour, and Kaitlyn Gilmour bring home gold medals from the West Coast Open in Tacoma, Washington; Tibon's Goju Ryu Demo prepared by Sensei Brian Embry for the Carson Oaks Community Church for our own Pastor Paul Stanley, and at the Victory Outreach Church supervised, produced, and directed by Sensei Justin Love. Baby Justin Love Jr. born 10/3/2013 7lbs, 7oz, 20" long is born 4:25am, congrats! **November** Tibon's Goju Ryu Tokubetsu class 21 students travel to Foster city to Hakua Kai Iwabushi cup and dominate the tournament with 24 gold, 10 silver, 3 bronze medals overwhelming all the divisions including the adult black belt kumite division by Sensei Cristian Embry, the under 18 yr. old black belt Kumite by black belt Justin Gilmour. Tokubetsu students also travel to Dixon, CA to the 12<sup>th</sup> Annual Ryukyukan International Karate Championships and again dominate in their respective divisions. **December** we host Sensei Takechi Uchiage with advance seminar at Tibon's Goju Ryu main dojo and black belt testing, the next day the 29<sup>th</sup> Annual Tibon's Goju Ryu Annual Winter IN HOUSE Karate Championships where we had also a can food drive for needy families, and raised \$2400 dollars for Sensei Bruce Finister who just went through pancreatic cancer surgery for medical and support fundraiser from a \$5.00 per ticket for either one year of lessons from Tibon's Goju Ryu main dojo, or 10 private lessons with Sensei Gene Tibon, black belt Aleesa Ohata was the winner of the drawing. The Boosters Club and Tibon's Goju Ryu families and students host the Annual Christmas Potluck and Talent Show at the Podesto Impact Teen Center we also collected 6 bags of clothes and delivered to the Homeless Shelter on Sonora St., they were very happy to receive the clothes. Now we kick off the year preparing our students with an advance Kata seminar of Suparimpai to advance belts for preparation for the USA Karate Nationals and USA Team Trials in July 2014. What a Year!

**Hiers Goju Ryu Karate – Twin Arbors Athletic Club  
USANKF of Northern California, Inc. Regional Sports Organization  
Presents**



**Sensei Gene Tibon National Director – Founder USA Grassroots Karate Program  
Development Workshop Series**

**Grassroots Membership Training Work Shop – Grassroots Coaching Staff of Northern California 3 Hour Work Shop \$75 Includes cost of 2014 National Federation Membership \$50 – If Current Federation Member \$50 includes Lunch - Rotation Training  
11am – 2:30pm - January 19, 2014 Sunday**

**Twin Arbors Athletic Club 1900 S. Hutchins St. Lodi, CA 95240**



Adam Tibon Past  
Past Team USA Jr. & Sr. 7 yrs



Ronny Guzman Past  
Sr. USA Team 4 yrs.



Brian Embry Past  
Jr. USA Team 3 yrs.



Eliza Cabanig Past  
Sr. USA Team 8 yrs.



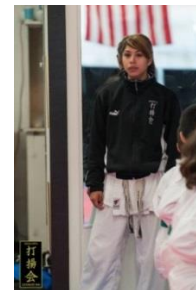
Joane Orbon Current  
Jr. & Sr. Team USA 6 yrs



Rupert Espinosa Past  
Jr. Team USA 4yrs



Cristian Embry Current  
Jr. Team USA 3 yrs



Amber Ramirez Past  
Past Team Jr. Team USA 4 yrs. Also Coaches:

Sensei Chris Hiers, Sensei Justin Love, Sensei Gino Tibon, Sensei Mary Crawford, Sensei Ervic Aquino

**This Series of Workshops are Supported by the Following:**

**Northern California RSO - Oregon RSO – Washington RSO – Southern California RSO**

[www.usankfnorcal.com](http://www.usankfnorcal.com)

Yoshida Groups

[www.grassrootskarate.com](http://www.grassrootskarate.com)

**New Competition Class Tokubetsu 2 Class Started**  
**Prepare for Road to 2014 Nationals in Reno, Nevada**  
**Class Taught by Sensei Joane, Sensei Cristian, Sensei Brian, Sensei Adam**  
**All Instructors Are Current and Past Members of Team USA**  
**Sunday's 9a-11am**

This class is specifically for National and International Development just like Tokubetsu 1 on Saturday's. To qualify to these classes students and parents have to be committed to travelling competition, and student has to be serious training doing a minimum of 3 classes per week including both Tokubetsu 1 & 2 classes.. All ranks can participate if they are committed to competition and travelling. The additional class is only \$10 a month more for the additional class. When classes are cancelled it will be because we will be at a competition and all students should also be there, but also on major holidays. Please make up your additional during the week of the current month.



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**The Leadership Team**  
**Next Leadership Meeting**  
**January 12<sup>th</sup> Sunday 11-1Pm**

Leadership training is exactly that, it teaches our student to become role models, leaders, positive examples, assistants to the Instructors, develops confidence, taking initiative, customer service understanding, team work relationships with leadership instructor team, and how to take initiative towards addressing an issue, or developing a creative idea in making you into somebody who can work with and teach anyone.

Our Leadership program teaches our students about business and corporate understanding. This class will affect them in school, work, clubs, organizations, along with development of their interpersonal skill development.

Once every two months we have a Leadership meeting for two hours, this meeting is finalizing 2013 and all of its developments, and going into a new great positive 2014 with great goals and accomplishments planned by Sensei Gene Tibon.

We welcome the new Green Belts 3 strips, whose next level is Brown Belt to our Leadership Program.

Any questions please call Sensei Gene Tibon at the main dojo at (209) 465-0943.

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**The Boosters Club and Tibon's Goju Ryu families and students host the Annual Christmas Potluck and Talent Show at the Podesto Impact Teen Center a Great Success!**



Students of Tibon's Goju Ryu Fighting Arts demonstrated their talents outside of Karate with music, magic, dance, singing, and comedy. Proud parents and proud Sensei's watch our students on stage demo all of their wonderful talents accompanied with great food, bowling, rockwall climbing, treasure hunt, and ping pong. This was our second year and was even bigger and better than last year. We also collected 6 bags of new socks, coats, and clothing for the Homeless Shelter in Stockton from all of our Leadership families and students.






## Sensei Brian Embry

**We are so proud of you Brian! What an accomplishment! Congrats on graduating at Universal Technical Institute, on being in the Directors list and getting a scholarship to Arizona for Volvo to add to your training!**

Sensei Brian Embry has been training at Tibon's Goju Ryu Fighting Arts since he was 5 years old. He is now one of the top Karate competitors in the country, and a high-level 3<sup>rd</sup> degree black belt instructor for our program. He has been instrumental in much of the development of our students in Modesto GymStars, Stockton GymStars, and the main dojo on Yosemite St. He currently teaches our Tokubetsu 1 and co-instructs Tokubetsu 2 national development classes. Sensei Brian will be moving to Arizona for his certification with Volvo, and then on to a major Dealership hopefully somewhere in Northern California close so we can still have him at the Dojo from time to time. His Brother Sensei Cristian Embry 2<sup>nd</sup> Degree Black Belt and current member of Team USA also has been training at Tibon's Goju Ryu Fighting Arts since he was 3 years old will be taking over some of his brother's classes. We at Tibon's Goju Ryu teach life skill development through Karate and expect our instructors to challenge themselves, and move forward in life. Our black belts are constantly working towards a higher education and achieving their Bachelor, Masters, and Technical Degrees to continue to make their mark in the world. Congratulations Sensei Brian we are so proud of your accomplishment!

# January

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		Dojo Closed New Years Eve! 	<b>1</b> Dojo Closed Happy New Years! 	<b>2</b>  Main Dojo Open Yosemite St.	<b>3</b> Mighty Mites 430-530p Weapon 7-8:30p	<b>4</b> Might Mites 11-12n00n Color Belt class 12-1:30p Tokubetsu-1 5-7p
<b>5</b> Tokubetsu -2 9-11am MMA 1-3p	<b>6</b> Weapons 730-900pm	<b>7</b>	<b>8</b>  Please Make Up Your Classes Early in the Month!	<b>9</b>	<b>10</b> Mighty Mites 4:30-5:30p  Weapon 7-8:30p	<b>11</b> 11:00-12:00 Mighty Color Belt Class 12n-1:30p Promotion Testing White/Yellow Belts 2pm Tokubetsu-1 5-7p
<b>12</b> Tokubetsu- 2 9-11am  Leadership Meeting 11-1pm  MMA 1-3pm	<b>13</b> Weapons 730-900pm	<b>14</b>	<b>15</b>  Please Make Up Your Classes Early in the Month!	<b>16</b>	<b>17</b> Mighty Mites 430-530p No Weapon  Promotion Ceremony 7:15pm White/Yel 8:15pm Orange & above	<b>18</b> 11:00-12:00 Mighty 12-1:30p Color Belt Class Promotion Testing Color Belts 2:00p  Tokubetsu-1 5-7p
<b>19</b> MMA Class 1-3p No Tokubetsu -2 USA Grassroots Training Workshop Twin Arbors 11-2:30p	<b>20</b> Dojo Closed Martin Luther King Jr. Day 	<b>21</b>	<b>22</b>  Please Make Up Your Classes Early in the Month!	<b>23</b>	<b>24</b> Mighty Mites 4:30-5:30p Weapons 7-8:30p	<b>25</b> 11:00-12:00 Mighty Mites 12-1:30p Color Belt Class Tokubetsu-1 5-7p
<b>26</b> Tokubetsu -2 9-11am MMA 1-3p	<b>27</b> Weapons 730-900pm	<b>28</b>	<b>29</b>  Please Make Up Your Classes Early in the Month!	<b>30</b>	<b>31</b> Mighty Mites 4:30-5:30p Weapons 7-8:30p	

2014